



## **“Hometown Café in the Heart of Helena”**

**Breakfast and Lunch Served all day!**

**Welcome to our family operated and locally owned café.**

We are committed to serve you with our friendly and experienced Staff.  
Our goal is to serve the best food with the best crew  
in a Montana casual atmosphere.

We appreciate and thank you for your business  
and hope you will visit us for years to come!

**Ask about our “Gluten Free Menu”**

**Find our Daily Specials and Soups on Facebook**



[Riseandshinecafemt.com](http://Riseandshinecafemt.com)

**Helena, Montana on 630 N. Montana Ave.**

“We impose a surcharge of 4% on the transaction amount on credit or debit card products, not greater than our cost of acceptance.”

# BREAKFAST

## OMELETS AND SCRAMBLES

**Breakfast and Lunch Served All Day!**

With your choice of two: Hash Browns, Toast, Fruit Cup, Cottage Cheese, Sliced Tomatoes or Pancakes. Bread Options for Toast: white, wheat, rye, sourdough, English muffin, or a biscuit with honey and butter. Add \*Diced Ham, Bacon, Country Sausage or Avocado 2.50 \*Additional Cheese or Gravy .1.00 \*Vegetables, Sour Cream or Salsa .50 (Three XL Egg Omelets or Scrambles)



### Taco Omelet

~ Taco meat, tomatoes, cheddar cheese, topped with avocado & served with salsa & sour Cream. 15.45



### Garden Omelet

~ Fresh sautéed spinach, tomato, onions, & Cheddar cheese topped with avocado. 15.25

### Bacon or Country Sausage Omelet

~ Bacon, sausage or have both with cheddar cheese. 15.45

### Ham and Cheddar Cheese Omelet

~ Tender diced ham and cheddar cheese. 15.45

### Denver Omelet

~ Ham, bell pepper, onions with cheddar cheese. 15.45

### Italian Joe's Scramble

~ Our Italian Sausage with three scrambled eggs, mushrooms, spinach, onions and topped with parmesan cheese. 15.75

### NEW Shrimp Omelet

~ Sautéed bay shrimp with lemon dill cream cheese, topped with melted jack cheese and avocado. 16.45



### SALMON OMELET

~ Sautéed tomatoes and mushrooms with Wild Alaskan salmon, lemon dill cream cheese sauce and jack cheese. 19.45



### Homemade Chili Cheese Omelet

~ Our Montana chili with cheddar cheese & diced onions. 15.75



### Mushroom Swiss Omelet

~ Fresh sautéed mushrooms & Swiss cheese. 15.25

### Ham Scramble Or 3 Meat Scramble

~ Ham Scramble: Diced ham and scrambled eggs. 15.00

3 Meat Scramble Diced Ham, Bacon & Sausage with scrambled eggs. 15.75

### Hunters Scramble

~ Ham, Bacon, Sausage, peppers, onions, fried diced potatoes, scrambled eggs, topped with shredded cheddar. 15.75

### LOADED HASHBROWNS

~ Golden browned Hashbrowns, topped with diced Ham, grilled peppers & onions, Two Eggs cooked your way\*, topped with another portion of hashbrowns and melted Cheddar Cheese. With your Choice of one Side. Toast, Fruit Cup, Cottage Cheese, Sliced Tomatoes or Pancakes. 15.95

### BISCUIT STACKER

~ Golden hash browns, topped with a fresh baked biscuit split with a sausage patty in the middle. Then topped with Two eggs cooked your way\* and our Homemade country sausage gravy and cheddar Cheese on top. Single: 13.95 Double: 15.95

## BENEDICTS, BURRITOS, BISCUITS & OATS

With your choice of one: Hash Browns, Fruit Cup, Cottage Cheese or Sliced Tomatoes. (No sides for Oatmeal)

### ★ IRISH BENEDICT - ONE OF OUR MOST POPULAR DISHES!

~ Buttered and grilled English muffin, grilled corned beef hash, topped with two poached eggs and Hollandaise sauce. 16.95

### California Benedict

~ Bacon, Avocado, with two poached eggs, topped and Hollandaise sauce. 15.45

### ♥ Real Old Fashioned Oatmeal

~ Thick cut, Organic Oatmeal cooked to order. Served with raisins, brown sugar & 2% milk. 7.50

With a cup of fresh fruit - 9.75 With a cup of fresh fruit and toast or biscuit:

10.75 With a cup of fresh fruit & toast or biscuit - Add - 3.25

### Traditional Eggs Benedict

~ Canadian bacon on grilled English Muffin with two poached eggs covered in Hollandaise sauce. 15.45



### Florentine Benedict

~ Sautéed tomatoes, spinach, topped with two poached eggs and Hollandaise sauce. 14.25



### Taco Burrito with Hash Browns

~ Three eggs scrambled with Taco meat, tomato, cheddar cheese & topped with avocado. Served with sour cream & salsa. 15.95

### Breakfast Burrito with Hash Browns

~ Three eggs scrambled with diced ham, bell peppers, onion, cheddar cheese with sour cream and salsa. 14.45

### ★ BISCUITS AND GRAVY WITH HASH BROWNS

Two Biscuits & Hash Browns - 8.25 ~ with Two Eggs\* - 11.75 - With choice of Ham, Bacon or Country Sausage - 13.75

Two Eggs\* & choice of Ham, Bacon or Country Sausage - 14.75 Make it three biscuits and gravy - Add 3.00

## \*MEAT AND TWO EGGS, YOUR WAY

With your choice of two: Yukon Gold Hash Browns, Toast, Fruit Cup, Cottage Cheese, Sliced Tomatoes or Pancakes. Our Eggs are XL (Add an Egg for 1.50)

### Country Fried Steak with Sausage Gravy

~ Tender breaded steak with our sausage gravy 17.95

### Ham, Bacon, Burger, Country Sausage Links or Patty.

~ \* Choice of: Ham steak; 4 slices of Bacon or Three Country Sausage links or one Sausage patty. 14.95

### New York Steak\*

~ Choice, hand cut 8 oz. New York Steak grilled your way\*. 20.95

### Two Eggs\*, Your Way 11.95

**Substitute Egg Beaters or Egg Whites Add 1.50 ~ Split Any Meal for 1.50**

**\* Eggs and steaks are cooked to order. NOTICE: Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of food-borne illness, especially if you have certain medical conditions.**

## SPECIALTY BREAKFAST - FAVORITES

With your choice of two: Hash Browns, Toast, Fruit Cup, Cottage Cheese, Sliced Tomatoes or Pancakes. (Add an egg for 1.50)  
Bread Options for Toast: white, wheat, rye, sourdough, English muffin, or a biscuit with honey and butter.

### Chicken Apple Sausage and Two Eggs\*

~ Made in house, very popular. Slightly sweet & spiced just right. 15.50

### Homemade Sausage Sampler & Two Eggs\*

~ One each of our Homemade Italian, Mexican Chipotle and Chicken Apple Sausages. A Pound of Love! - 20.95 - (Sausages Only - 12.00)

### Homemade Italian Sausage and Two Eggs\*

~ Original family recipe. A traditional savory Italian sausage. 15.50

### **SPICY** Mexican Chipotle Sausage and Two Eggs\*

~ A hot sausage with great Mexican seasonings. 15.50

### ★ **HOMEMADE CORN BEEF HASH AND TWO EGGS\***

\*Most Popular!\* Slow roasted, with sautéed red onions, garlic, and fried potatoes with savory spices. 17.95

## **NEW** HUCKLEBERRY PANCAKES WITH HUCKLEBERRY SYRUP OR MARIONBERRY PANCAKES WITH MARIONBERRY SYRUP **NEW**

### HUCKLEBERRY OR MARIONBERRY PANCAKES FULL STACK

~ Full Stack (4) - 12.50 ~ With Two eggs \* - 16.00

With ham, bacon or country sausage - 17.00

With Two eggs & choice of ham, bacon or country sausage \* - 19.00

### HUCKLEBERRY OR MARIONBERRY PANCAKES SHORT STACK

~ Short Stack (2) - 9.00 ~ With Two eggs \* - 12.50

With ham, bacon or country sausage - 13.50

With Two eggs & choice of ham, bacon or country sausage \* - 15.50

### ★ **HUCKLEBERRY OR MARIONBERRY STUFFED FRENCH TOAST**

Fresh Huckleberries blended with lightly sweetened Ricotta & cream cheese. 2 pieces - 11.75 - With Two eggs \* - 15.25

With ham, bacon or country sausage - 16.75 - With Two eggs & choice of ham, bacon or country sausage \* - 18.25

## BUTTERMILK PANCAKES OR FRENCH TOAST WITH MAPLE SYRUP

### Full Stack - Pancakes or French Toast

~ Full Stack (4) - 8.75 - With Two eggs \* - 12.25

With ham, bacon or country sausage - 13.25

With Two eggs & choice of ham, bacon or country sausage \* - 15.25

### Short Stack - Pancakes or French Toast

~ Short Stack (2) - 6.25 ~ With Two eggs \* - 9.75

With ham, bacon or country sausage - 10.75

With Two eggs & choice of ham, bacon or country sausage \* - 12.75

## PREMIUM WAFFLES WITH MAPLE SYRUP AND BUTTER

### ♥ **HUCKLEBERRY WAFFLE WITH WHIPPED CREAM - 12.00**

#### 🍓 Strawberry Waffle

~ Make it a Strawberry Waffle with real whipped cream.

Waffle - 10.00 ~ With Two eggs \* - 13.50

With ham, bacon or country sausage - 14.50

With Two eggs & choice of ham, bacon or country sausage \* - 17.50

#### Waffle

~ Waffle - 7.50 ~ With Two eggs \* - 11.00

With ham, bacon or country sausage - 12.00

With Two eggs & choice of ham, bacon or country sausage \* - 14.00

## BREAKFAST SIDE ORDERS

Slow Roasted Homemade Corned Beef Hash - 9.95

Bacon (2) - 2.95 ~ (4) - 5.00

One Buttermilk Pancake or French Toast - 6.25

Country Sausage Links or Patty - 5.00

Fresh Fruit ~ Cup - 3.00 or Bowl - 5.00

Cinnamon Roll with Cream Cream Frosting - 4.95

Hash browns - 3.45

#### Eggs

~ 1 Extra Large Egg \* - 2.35 ~ 2 Extra Large Eggs \* - 3.35

Biscuit, Toast or English Muffin. - 3.25

~ Toast options- White, Wheat, Rye, Sourdough

Marionberry or Huckleberry Syrup (4 oz.) 3.50

One Biscuit & Gravy - 3.95

Sausage Gravy or Hollandaise 4 oz. - 1.95

Homemade Sausage (Each 5.95)

#### **A Pound of Love!**

**One each of our Homemade Italian, Mexican Chipotle and Chicken Apple Sausages.  
- 8.95 - (Frozen)**

# LUNCH

Lunch and Breakfast Served All Day!

## DELICIOUS BURGERS

Our 1/3 lb. pure beef Burgers\* are lightly seasoned and served on a Fresh Grilled Potato Bun. Choice of Fries, Side Salad, Cup of Soup, Fruit Cup or Cole Slaw. Substitute Onion Rings or Sweet Potato Fries - 2.00 - Substitute Bison Patty - add 3.00

### NEW Rise N Shine Cheeseburger\*

~ Crisp lettuce, tomato, pickles, sweet gherkin thousand island dressing and aged american cheese. 14.50

### Montana BBQ Bacon Cheese Burger\*

~ Topped with cheese, bacon, a side of BBQ Sauce, with lettuce, tomato, pickles & onion 14.50

### Hamburger/Cheeseburger\*

~ With lettuce, tomato, pickles & onion 12.95- With your choice of Cheese 13.95

### ★ 1/2 Lb. - Double Bacon Cheeseburger\*

~ Two 1/4 lb. patties, bacon and 2 slices of cheese, lettuce, tomato, pickles & onion 15.95

### NEW Sunrise Burger\*

~ Topped with Cheese, Bacon, and Sunny Side up Egg. With lettuce, tomato, pickles and onion. 15.00

### Mushroom Swiss Burger\*

~ Topped with sautéed mushrooms & Swiss cheese, with lettuce, tomato, pickles & onion. 13.50



### Chili Burger\*

~ Open faced burger covered with Our Montana Chili. Topped with shredded cheddar & diced onions on request 14.50

### Patty Melt\*

~ Served on thick grilled marbled Rye bread with sautéed onions & Swiss cheese. 13.50

### NEW Jalapeno Cream Cheese Burger\*

Topped with Jalapeno Cream Cheese with lettuce, tomato, pickles and onion. 14.50

## CHICKEN SANDWICHES

Choice of a tender hand breaded & fried or seasoned & grilled chicken breast, on a Fresh Grilled Potato Bun. Choice of one: Fries, Side Salad, Cup of Soup, Fruit Cup or Cole Slaw. Mayo on request. Substitute Onion Rings or Sweet Potato Fries - 2.00

### Chicken Cordon Bleu

~ Topped with ham & melted Swiss cheese with lettuce, tomato, pickles & onion 14.95

### Grilled or Breaded Fried Chicken Breast

~ Served on a fresh grilled potato bun, with lettuce, tomato, pickles & onion 12.95

### HOT Buffalo Chicken

~ Covered in our Buffalo sauce with jack cheese, lettuce & tomato. With side of blue cheese or ranch dressing 13.95

### California Chicken

~ Topped with avocado, bacon and jack cheese with lettuce, tomato, pickles & onion 14.50

## CLASSIC CAFÉ SANDWICHES

Sandwiches are served with your choice of Fries, Side Salad, Cup of Soup, Fruit Cup or Cole Slaw. Substitute Onion Rings or Sweet Potato Fries - 2.00

### Café Monte Cristo

~ Turkey, ham, bacon & cheddar melt, nestled between our thick French toast. Served with powdered sugar & jam 13.95

### BLT

~ Grilled bacon, lettuce, tomato & mayo on your choice of toasted bread. 11.95

### Philly Steak

~ Sliced roast beef with grilled mushrooms, peppers, onions, and melted mozzarella cheese on grilled Hoagie roll. 14.95

### Big Bird

~ Grilled turkey, Swiss cheese, bacon & tomatoes on grilled sour dough bread 13.95

### Ultimate Clubhouse Wrap

~ Thin sliced turkey, bacon, cheddar, avocado, lettuce, tomato with sun dried tomato Aioli in a tortilla. 13.95 Served on toasted white bread 14.50

### French Dip Au Jus

~ Warm thin sliced roast beef served on a grilled hoagie roll with a side of au jus for dipping - 13.95 With grilled onions & your choice of cheese - 14.95

### Deli Sandwich

Your choice of turkey, roast beef, ham or warmed corned beef. With cheese, mayo, lettuce, tomato & pickles on your choice of bread 12.95

## LUNCH FAVORITES

All Lunch Favorites are served with one choice: Fries, Side Salad, Cup of Soup, Fruit Cup, Cole Slaw, Cottage Cheese or Sliced tomatoes. Substitute Onion Rings or Sweet Potato Fries - 2.00

### The Reuben (It's Awesome!)

~ Slow roasted & hand-chopped corned beef, with Swiss cheese, fresh sauerkraut & thousand Island dressing. Served on thick grilled rye bread. Substitute coarse Tavern mustard for thousand Island dressing upon request 16.75

### BBQ Pulled Pork Sandwich with Cole Slaw

~ Tender slow roasted pork, shredded & covered in our homemade red BBQ sauce & served on a grilled hoagie or potato bun. 13.95

### Italian Sausage Sandwich W/Peppers & Onions

~ Homemade Italian Sausage with sautéed peppers & onions on a grilled Hoagie. Marinara on the side. 14.75

### Haddock Fish & Chips

~ Hand-battered Haddock filets cooked until golden, served with cole slaw with tartar sauce & lemon. With malt vinegar upon request 16.95

Made Here

### Italian Meatball Sandwich

~ Homemade meatballs, marinara sauce and melted mozzarella on a grilled Hoagie 13.95

### New York Steak Sandwich

~ Choice, hand cut 8 oz New York grilled your way on Texas Toast 19.95

## SPECIALTY SALADS ~ SOUPS ~ MONTANA CHILI

All Salads (except Taco) come with a piece of our Freshly Baked Nina's Cheese bread or Biscuit & Butter. Dressing choices: Ranch, Thousand Island, Blue Cheese, Italian, Red Wine, Balsamic Vinegar & Olive Oil, French, Honey Mustard.

### Bleu Honey Spinach Salad

~ Fresh spinach tossed with crisp bacon, bleu cheese crumbles & our Oriental honey sesame dressing. Topped with candied walnuts & thin sliced red onions. Small - 11.50 Large - 13.50 Add shrimp or a grilled Chicken Breast 5.00



### Taco Salad or Chicken Taco Salad

~ Fresh lettuce served in a crisp tortilla bowl & topped with taco meat, cheddar cheese, tomatoes & avocado. Served with sour cream & salsa. 15.45

Made Here

### Montana Chili

~ Served with fresh tortilla chips. Cheese & onions upon request. Cup 4.95 Bowl 7.25



### Chili Cheese Fries

~ 7.50

### Shrimp Salad

~ Bay Shrimp served on a bed of fresh lettuce with a garnish of tomato wedges and sliced egg, with your choice of dressing. (plain shrimp on request) Small - 12.25 Large - 14.25



### The Big Chef Salad

~ Strips of lean ham, turkey, jack & cheddar cheese, egg & tomato wedges on a bed of fresh lettuce. With your choice of dressing. Small 13.45 Large 15.45



### Homemade Soup and Salad

~ A side salad and a cup of our Homemade soup with a piece of our Freshly Baked Nina's Cheese bread or Biscuit & Butter 10.50

Made Here

### Soup De Jour

~ Cup 3.75 Bowl 6.95

## LUNCH SIDES

### Tortilla Chips & Homemade Salsa

~ 4.25

### Onion Rings

~ Small - 5.00 ~ Large - 8.00

### Nina's Cheese Bread

~ 1 Piece - 2.50 ~ 4 Piece - 7.00

### Cup of Cottage Cheese 2.95

### 1/3 lb Beef Burger Patty\* - 5.25

### French Fries with Seasoning Salt - 3.95

### Chicken Breast - 5.25

~ Tender hand breaded or seasoned & grilled chicken breast

### Sweet Potato Fries - 5.00

### Side Salad

~ Your choice of dressing - 5.00

### Sliced Tomatoes - 2.50

### Sour Cream or Salsa - .75

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